

# Q&A

seven

Would you like to feature in our Q&A section? Contact Seven editor Tim Davey on 0117 934 3343 or email [t.davey@bepp.co.uk](mailto:t.davey@bepp.co.uk)

## Caroline Sparks

Events organiser

### Tell us about your job

I run a business called Little Monster which facilitates events in Bristol and across the South West. We specialise in baby and toddler events called Little Monster Baby & Toddler Shows and have recently launched the Bristol Women's Show as well.

### Where do you live?

Backwell on the edge of Bristol.

### What's the best thing about Bristol?

I love the fantastic choice of restaurants. Also, I think there's such strong community spirit in Bristol. Plus we're only a couple of hours from Devon and London. All in all, a great place to live.

### And the worst?

The traffic!

### What's your favourite record or piece of music?

Fame by Irene Cara — it's on my iPod and motivates me when I manage to get to the gym.

### What's your favourite book?

I've just read *The Return* by Victoria Hislop, which was brilliant. It's set in Granada in the Spanish Civil War.

### What would be your idea of perfect happiness?

Sunshine every day of the year, well-behaved children and a husband who worked less hours!

### What would you like to be doing in five years' time?

Crumbs — that's tricky. I guess I'd like to have grown my business and have several franchisees. I'd also like to have finished renovating our house — but I think that's a bit ambitious!

### What is your worst habit?

Checking my laptop every 30 seconds to see if I have any emails.

### What possession could you not live without?

My laptop!

### What is your greatest frustration?

People being late.

### What would you eat and drink as your last meal?

It would be steak and chips followed by my mum's lemon meringue pie.

### What single thing would improve the quality of your life?

Having a bit more time to get to the gym.

### What talent do you wish you had?

I wish I could speak another language fluently and wish I'd paid more attention in my French lessons at school. I really envy people who are bilingual or multi-lingual — it opens up so many doors.

### How do you relax?

A glass or two of white wine.

### What's the most valuable lesson life has taught you?

What goes around comes around. Always be well-mannered, polite and kind to people because you never know what's around the corner.

### The Little Monster Baby & Toddler Show takes place on March 8 at Ashton Gate Stadium

([www.little-monster.co.uk](http://www.little-monster.co.uk)). The Bristol Women's Show is on March 29 at Ashton Gate Stadium ([www.bristolwomensshow.co.uk](http://www.bristolwomensshow.co.uk)).

